

NEWS



For Immediate Release: June 18, 2014

Contact: Freeholder Director Robert M. Damminger (856-853-3395) or
Freeholder Adam J. Taliaferro (856-853-3384)

Cool Spots Offered during Excessive Heat

(Woodbury, NJ) – Gloucester County Freeholder Director Robert M. Damminger and Freeholder Adam J. Taliaferro said that the county's Cooling Centers are available for seniors and other residents that may not have air conditioning in their homes. The Freeholders said that prolonged heat and humidity can present a serious health hazard, especially for young children, the elderly and persons taking certain medications.

Freeholder Director Damminger said that Gloucester County has several cooling centers designated throughout the county for those in need of relief from the heat.

"Senior citizens are vulnerable to heat and we have several locations throughout the county they can go to stay cool," Director Damminger said.

"Seniors should use their air conditioning or get a fan to circulate the air in their homes. We recommend that they stay in a cool, air-conditioned place during this excessive heat during the daytime like the mall, library or community center," said Freeholder Taliaferro, who is the liaison to the County's Department of Health and Senior Services.

Residents who do not have air conditioning in their home should take advantage of any air-conditioned shelters such as the County's Libraries, movies, malls, or other publicly accessible buildings during the hottest hours of the day.

Taliaferro said, "If the weather gets too hot, seniors can always go to one of the county's designated air-conditioned cooling centers which include the six nutrition sites, the county libraries and the Shady Lane Nursing Home."

Cooling Centers will be open during operating hours during the summer and include:

Gloucester County Nutrition Site Locations:

Mantua Township Community Center 111 Mercer Ave. Mantua, NJ 08080
(856) 468 - 4773

Glassboro Senior Center 152 S. Delsea Dr. Glassboro, NJ 08028
(856) 881-6610

Thorofare Fire Hall Firehouse Road Thorofare, NJ 08086
(856) 853 – 6496

Pfeiffer Community Center 301 Blue Bell Street Williamstown, NJ 08094
(856) 728 – 1140

Franklin Community Center
1584 Coles Mill Road
Franklinville, NJ 08322
(856) 694 – 1413

Second Baptist Church 1534 Pine Street Paulsboro, NJ 08066
(856) 423 – 3387

Shady Lane Nursing Home
256 County House Road
Clarksboro
(856) 224 – 6979

GCLS Branches and Summer Hours

Glassboro Branch
2 Center Street
Glassboro, NJ 08028
881.0001
Monday-Thursday 10am-9pm
Friday 10am-5pm
Saturday 10am-2pm

Greenwich Township Branch
411 Swedesboro Road
Gibbstown, NJ 08027
423.0684
Monday-Thursday 10am-9pm
Friday 10am-5pm
Saturday 10am-2pm

Logan Township Branch
498 Beckett Road
Logan Township, NJ 08085
241.0202
Monday-Thursday 10am-9pm
Friday 10am-5pm
Saturday 10am-2pm

Mullica Hill Branch
389 Wolfert Station Road

Mullica Hill, NJ 08062
223.6000
Monday-Thursday 10am-9pm
Friday 10am-5pm
Saturday 10am-2pm
Sunday Closed until after Labor Day

Swedesboro Branch
1442 Kings Highway
Swedesboro, NJ 08085
467.0111 Monday-Thursday 10am-9pm
Friday 10am - 5pm
Saturday 10am-2pm

To avoid health complications from excessive heat:

- Drink plenty of water or other non-alcoholic beverages.
- Make sure children and the elderly are drinking water, and ensure that persons with mobility problems have adequate fluids in easy reach.
- If you do not have air conditioning, spend time in air-conditioned places such as libraries, movies, malls or other public buildings during the hottest hours of the day.
- Wear loose and light-colored clothing. Wear a hat when outdoors.
- Reduce physical activity or reschedule it for cooler times of the day.
- Don't leave children, frail, elderly or disabled person, or pets in an enclosed car -- not even for a minute -- as temperatures can quickly climb to dangerous levels.
- Talk to your health care provider about any medicine or drugs you are taking. Certain medications -- such as tranquilizers and drugs used to treat Parkinson's disease -- can increase the risk of heat-related illness.
- Gloucester County seniors may seek shelter from the heat at any of the 6 nutrition sites, county branch libraries or Shady Lane Nursing Home.

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